

## I. READING

### School counselling

In our grandparents' time, it was unthinkable. In our parents' time, it was unusual and nobody spoke openly about counselling. These days, more and more schools are asking for this service and it is considered a necessity for most. Why is that? What has changed in the last fifty years to have made counselling at schools so important?

'One reason is that we expect schools to do more to protect their pupils than we did in the past,' says school counsellor, Mike Hudson. 'Also, our society doesn't work as well as it should. Many parents are either under pressure of work or face the economic problems of unemployment, while children are under more and more pressure to do well at school. Many pupils feel they are pushed to their limits by their parents and teachers.'

Most school children face some kind of relationship problem at some stage with family members, teachers or other pupils, so it helps to have somebody to talk to. From the pupil's point of view, it is easier to talk to a counsellor in confidence rather than a family member or teacher. This solution is less embarrassing to adolescents, who are not obliged to face the person that they had problems with in the first place. They can calmly talk things through without arguments.

School counsellors advise not only students but also their teachers and parents, and offer other services as well, such as identifying learning disabilities or assisting parents and guardians to make the correct decisions about their children's education.

Counsellors can help students with problems ranging from the most serious, like a death in the family, to what an adult would consider really trivial or unimportant, like an argument with a friend.

In a society that is becoming more and more stressful, this service is providing children with a supportive way to express their fears and worries.

*(From: 'Cambridge English Preliminary for Schools' CENGAGE Learning)*

#### 1. The writer believes that

- A) school counselling is unnecessary nowadays.
- B) it's embarrassing to talk about school counselling.
- C) we really need school counselling these days.
- D) our grandparents didn't know about school counselling.

#### 2. Mr Hudson thinks that pupils need school counselling

- A) because they are under too much pressure.
- B) because teachers don't care about them.
- C) when parents have problems at work or don't have a job.
- D) as they were protected more in the past.

#### 3. Children prefer to talk to counsellors because

- A) they don't have any friends.
- B) they don't like their teachers.
- C) their parents can't keep secrets.
- D) other people might get angry with them.

#### 4. School counsellors can help

- A) students who need help.
- B) teachers identify learning disabilities.
- C) students do their homework.
- D) parents make good decisions about their children's education.

#### 5. A school counsellor can help students

- A) who have a problem which is unimportant according to adults.
- B) who have to deal with relationship problems at home.
- C) with very serious problems.
- D) when they have an argument with a classmate.

#### 6. A school counsellor

- A) helps parents who are not interested to find good schools for their children.
- B) help teachers understand that their students are naughty.
- C) does a job that used to be unimportant, but which is starting to become necessary.
- D) often gives advice about smaller or bigger problems to students.

## II. COMMUNICATION

#### 7. A: I feel so exhausted these days.

B: .....

- A) Why don't you take some days off?
- B) You should take a good sleep tonight.
- C) I think you are right.
- D) Congratulations! That's great!

#### 8. A: Would you like to go jogging with me tonight?

B: .....

- A) Not really. I'd rather stay at home.
- B) It doesn't matter.
- C) That sounds like a great idea.
- D) Certainly.

9. A: I lost my driving licence.

B: .....

- A) I didn't like it.
- B) I'm sorry to hear that.
- C) What a shame!
- D) That's a pity.

10. A: May I sit in this seat?

B: .....

- A) Yes, of course.
- B) Not that way.
- C) Sure. Please do.
- D) That's the wrong seat.

11. A: Do you want me to help you peel the vegetables?

B: .....

- A) I can't help, I'm sorry.
- B) Yes, please. I'm tired.
- C) That's really kind of you.
- D) Never mind. I'll help you later.

### III. VOCABULARY

12. Tourists check in ..... when they are abroad.

- A) at a hotel
- B) at a coach station
- C) at a travel agency
- D) at an airport

13. The ..... is a mammal living in Australia.

- A) platypus
- B) koala
- C) kangaroo
- D) pigeon

14. 'High Noon' is an American ..... starring Gary Cooper. It was awarded four Oscars.

- A) romantic comedy
- B) western
- C) cartoon
- D) horror film



15. Many people travel to Australia to see

- A) the Everglades.
- B) Ayers Rock.
- C) cassowaries.
- D) the Great Barrier Reef.

16. .... is celebrated on the day just before the beginning of Lent.

- A) Pancake Day
- B) Epiphany
- C) Shrove Tuesday
- D) Mardi Gras

17. When you see the newspaper headline 'SOME SKIERS TRAPPED UNDER SNOW', it means that there was ..... in the mountains.

- A) a drought
- B) an avalanche
- C) a flood
- D) an earthquake

18. The ..... is a string musical instrument.

- A) violin
- B) bassoon
- C) cello
- D) harp

19. You need ..... to go snorkelling.

- A) a diving mask
- B) flippers
- C) a hoop
- D) a swimsuit

### IV. GRAMMAR

20. Spanish is the language ..... many people can speak.

- A) -
- B) what
- C) that
- D) which

21. I'll go out as soon as my aunt

- A) will leave.
- B) leaves.
- C) has left.
- D) leaving.

22. It's possible that Amanda is at home now. Amanda ..... be at home now.

- A) must
- B) might
- C) could
- D) may

23. My cousin ..... these silver coins while he was tidying up his grandparents' attic.

- A) came across
- B) found out
- C) predicted
- D) found

24. Mr Evans ..... English in our school for ages.

- A) has taught
- B) is teaching
- C) has been teaching
- D) taught

25. Jim's mum ..... hard while she was at school.

- A) used to studying
- B) was used to study
- C) used to study
- D) was used to studying

26. .... friends came to my birthday party.

- A) A few
- B) A little
- C) A lot of
- D) Few

27. You can depend (1) ..... me. I'll never (2) .....

- A) (1) at; (2) pick you up
- B) (1) on; (2) look you after
- C) (1) from; (2) look you up
- D) (1) on; (2) let you down

28. Do you have ..... you need for the school trip?

- A) nothing
- B) everything
- C) something
- D) anything

29. Bob helped us ..... the garden fence yesterday.

- A) paint
- B) painting
- C) to paint
- D) to painting

30. The oak ..... down last Friday.

- A) cut
- B) was cut
- C) cuts
- D) used to cut